

# All About Me



My name is...

My age is...

Although my friends and family like to call me...

My favourite foods are...

My Favourite toys/Interests are...

I don't like...

The best way to settle/sooth me is...

My favourite colour is...

My ethnicity is...

Cultural events I celebrate throughout the year include...

My family consists of...

Any other information you would like to tell us?

# Goals

Goal setting for children is important because it gives them a sense of purpose that can improve their confidence and build their self-esteem. It also helps them to focus and make better decisions.

Along with this, goal setting can be used to motivate children by ensuring that they achieve smaller goals on a regular basis.

We want to work together with families to set some realistic and achievable goals for your child.

Please fill in the first half of this form and return it back to the centre.

**Child's name:**

**DOB:**

## **Families (based on what you and your child want to achieve)**

**Goal 1 (short term):**

**Goal 2 (long term):**

## **Educators Goals (based on observations)**

**Goal 1 (short term):**

**Goal 2 (long term):**